

Volunteering Opportunity

Please quote: WVB228

Activities Helper

Guild Care

Details valid from 31 Mar 2009 to 31 Mar 2010 - Mon-Fri day

Location: Worthing

Healthy Living Centre for the elderly - activities on a daily basis

Ashdown Children's Club for children with special needs

Carers Liaison working with local carers - providing information, counselling, Time Out for Carers sessions etc

Guild Care is seeking volunteers to help with activities at its care homes - Ashmount, Caer Gwent, Irene House & Lingfield

Volunteers support the activity staff and care staff, helping with general duties such as supporting residents at mealtimes and serving refreshments, as well as helping to deliver one-to-one and group activities. Examples of these may include reading with a resident, helping residents with e-mail and IT activities, organising bingo sessions or helping with a hobby / craft.

If interested please contact:

Worthing Volunteer Centre

Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH

Tel: 01903 528622

Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB354

Ad Hoc Cover - Coffee Shop

St.Barnabas

Details valid from 22 Apr 2009 to 22 Apr 2010 - Mon-Fri day

Palliative care

Coffee Shop helper required to serve light refreshments. Ad -hoc cover is occasionally required during the weekday

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB383

Admin

Partnership for Growth (Link Romania)

Details valid from 18 Mar 2009 to 18 Mar 2010 - Time Flexible

We fund our projects by fundraising activity in the UK, which includes charity shops. We have 4 charity shops in Broadwater, Rustington, Littlehampton and Goring-by-Sea

admin role and computer literate

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB337

Administraton Volunteer

Ferring County Centre

Details valid from 2 Feb 2009 to 2 Feb 2010 - Time Flexible

FERRING COUNTRY CENTRE has been established to provide work and training experience for adults with learning difficulties. Our Clients, develop work and social skills by assisting us with operating a Riding Therapy School that, each month, provides riding lessons for just over six hundred disabled children and adults from the area and through our Horticultural Unit providing plants and produce that are sold to the local community.

We also run Brook Lane Workshop, which offers a more one-to-one placement in woodworking and crafts. The work ethos applied at the Centre enables our clients to move on to work in the community or paid employment. If you are interested in any of the above areas, wish to help out in administration please call us.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB161

Appropriate Adult

West Sussex Youth Offending Team

Details valid from 27 Jan 2009 to 27 Jan 2010 - Time Flexible

Volunteer mentors - providing one-to-one support

Youth panel members - community panels supporting young people who have attended court (1st offence)

Appropriate Adult - supporting young people in custody suites when interviewed by the police.

The Appropriate Adult Service aims to safeguard the rights and welfare of 10 - 17 year olds while they are held in police custody. When a young person is arrested, the police cannot proceed without the presence of an Appropriate Adult. The service meets this need by training volunteers willing to help vulnerable young people, so reducing their time in custody.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB336

Arts and Crafts Volunteer

Ferring County Centre

Details valid from 2 Feb 2009 to 2 Jan 2010 - Time Flexible

FERRING COUNTRY CENTRE - BROOK LANE WORKSHOP provides activities for adults with special needs. Volunteers are especially required to work with the clients doing arts and crafts and cooking. Volunteers will need to have a flexible approach and a willingness to work with adults with a range of special needs.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB412

Arts Initiatives Helper

Sunny Worthing Art Group

Details valid from 28 Apr 2009 to 28 Apr 2010 - Time Flexible

Location: Worthing

Activities include a monthly writer's open mic meeting, on-going art exhibitions in cafes, offices, entertainment centre etc, organising and providing a variety of events for the Worthing Fringe Festival and other occasional festivities.

Can you help us develop local arts initiatives in Worthing. This is a good opportunity for someone interested in the arts scene in the Worthing area, and its development alongside a variety of partners(in business, other arts groups, Worthing Arts Council). A chance to use your creativity, both artistic and organisational (having links with writers, musicians, actors and performers, artists and dancers in and about Worthing) in our busy organisation.

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB392

Ashdown Children's Club Volunteer

Guild Care

Details valid from 31 Mar 2009 to 31 Mar 2010 - Wed eve Sat all day

Location: Worthing

Healthy Living Centre for the elderly - activities on a daily basis
Ashdown Children's Club for children with special needs
Carers Liaison working with local carers - providing information, counselling, Time Out for Carers sessions etc

Volunteers help with the provision of play activities for children and young people with a range of special needs, during club sessions.

Youth Club - Wednesday evenings.

Children's Club - Saturdays & school holiday's

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB155

Befriender

Good Neighbour Volunteer Service

Details valid from 7 Apr 2009 to 7 Apr 2010 - Time Flexible

Location: Worthing

Befriending service
Help after Hospital service

The Good Neighbour Volunteer Service is seeking volunteers of all ages 18+ to join our lively team providing regular befriending visits to people who are without other regular support and have become lonely and isolated in their own homes. The service now has a waiting list of people who would love some volunteer companionship, and have a range of backgrounds and experiences that can be fascinating to find out about in conversation. If you could offer to share weekly a couple of hours for visits to chat, listen and support someone, please contact us.

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB368

Befriender

Leonard Cheshire Disability - Ashwood

Details valid from 1 Apr 2009 to 22 Apr 2010 - Time Flexible

Leonard Cheshire Disability. Ashwood is a small home in Worthing for adults with learning disability. We require volunteers to work along side our staff to enable and enhance individuals to live their lives to the full. Befrienders could enable and support individuals or a group with social activities, leisure activities, educational outings, reading information books and magazines. Are you interested and willing to share your hobbies in art, sailing, animals, photography, pubs and clubs? Could this be you? Do you have any spare time?

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Befriender

Leonard Cheshire Disability - Fethneys

Details valid from 1 Apr 2009 to 1 Apr 2010 - Time Flexible

Leonard Cheshire Disability. Fethneys is a small home in Worthing for young adults with a physical disability. We require volunteers to work along side our staff to enable and enhance individuals to live their lives to the full. Befrienders could enable and support individuals or a group with social activities, leisure activities, educational outings, reading information books and magazines. Are you interested and willing to share your hobbies in art, sailing, animals, photography, pubs and clubs? Could this be you? Do you have any spare time? Remember no commitment is too small.

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BENfriend - Welfare Visitor

BEN-The Automotive Industry Charity

Details valid from 5 May 2009 to 5 May 2010 - Time Flexible

BEN currently helps and supports over 15 000 people, who are linked to the automotive and related industries either directly or as a dependent, in their homes across the UK through a network of welfare officers and voluntary visitors (BENfriends). BEN has four nursing and residential centres across t...

Volunteers will visit people of all ages in their own homes, listening, befriending, assessing their circumstances and reporting findings back to the Welfare Department in writing, observing strict confidentiality at all times. You will be given a caseload to suit you, for you to manage within our guidelines. Volunteers will initially carry out visits with one of BEN's Welfare staff; support will always be available by telephone once making visits on your own.

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Volunteering Opportunity

Please quote: WVB243

Box Wardens

4SIGHT

Details valid from 30 Mar 2009 to 28 Mar 2010 - Time Flexible

Location: Worthing

clubs, befriending, fundraising,

4SIGHT (West Sussex Association for the Blind) is seeking volunteers aged 18+ to become Box-Wardens who are urgently required to maintain collection boxes in their care - to drive to local shops and businesses collecting full boxes and returning to our Bognor office for counting. Time commitment - a few hours every 6 weeks or so. Travel expenses paid.

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB421

Breathe Easy Group Assistant

British Lung Foundation

Details valid from 29 Apr 2009 to 29 Apr 2010 - Fri pm

Location: Durrington

Breathe Easy Worthing is a friendly, locally run support group for people with lung conditions who meet once a month for informative talks about living with their lung condition or other local interests. They also meet up socially outside of the group for meals and outings throughout of the year.

The committee is looking for someone who can help organise the room and assist with serving teas and coffees to the group members. This would take place at their monthly meeting, which is every 2nd Friday of the month, 2.30-4.30 pm. there would be also an opportunity to help with other events such as fundraising and outings throughout of the year.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB303

Cafe Helper

Worthing Mencap - Buddys

Details valid from 14 Nov 2008 to 14 Nov 2009 - Wed Day Wed eve Sat all day

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB264

Case Worker

The Royal British Legion

Details valid from 12 Nov 2008 to 12 Nov 2009 - Mon-Fri day Mon-Fri eve Weekend day

Location: Worthing

Branch meetings 4th Wednesday of every month at 2.30pm.

As an RBL Caseworker you will provide the Field Welfare Office with a vital link to the serving and ex-service community in your local area. Visiting people in their homes, you will identify and assess the need for assistance and eligibility for help. Reporting to the Field Welfare Officer, the work you do is crucial to how the RBL can proceed with the case. You will support clients throughout their application and ongoing case, by providing information, advice and sometimes emotional support.

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB114

Caseworker

SSAFA Forces Help

Details valid from 9 Feb 2009 to 9 Feb 2010 - Mon-Fri day Mon-Fri eve

Location: Worthing

Case working, friendship visiting, fundraising etc

SSAFA Forces Help is looking to recruit caseworkers in the area to support service and ex-service personnel and their families. Responsible to the local secretary, a caseworker would need to visit clients and assess their problems, offering personal support through advice and counselling, activate and co-ordinate outside resources on their clients' behalf, and where financial support is needed, put forward cases to local charities or appropriate Forces Benevolent Funds. Volunteers need to have a mature approach, sensitivity and common sense. A Forces background is not essential. The 4-day training, out of pocket expenses, team work and job satisfaction are

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB404

Cat Rescuer

Worthing Cat Welfare

Details valid from 2 Mar 2009 to 1 Apr 2010 - Time Flexible

Location: Worthing

Worthing Cat Welfare Trust has spent the past 13 years caring for abandoned, sick and distressed cats, organising veterinary treatment, neutering, fostering, re-homing, lost cats etc. all throughout the Worthing district. In order to support these activities, the charity relies solely on donations, le...

Worthing Cat Welfare requires a volunteer to help with its rescue and rehoming services. A clean driving licence for a "manual" vehicle (supplied) is required together with the ability to work very flexible hours and a love of cats is imperative. You will have to do some lifting to collect cats, take them to and from vets and foster carers. Occasional cleaning out of pens for rescued cats may fall to you as well.

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB162

Charity Shop Helper

St.Barnabas

Details valid from 17 Nov 2008 to 17 Nov 2009 - Mon-Fri day Sat day

Location: Worthing

Palliative care

We have vacancies for volunteers to help in our thirteen charity shops and at our Distribution Centre, which raise much needed funding for the adult and children's hospices. This may involve operation of the till, dealing with customers, tidying the sales floor, cleaning and sorting donated goods etc.
Full training given, come and meet people, make new friends and have great fun whilst helping a great cause.

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB288

Charity Shop Assistant

Oxfam

Details valid from 7 Apr 2009 to 7 Apr 2010 - Time Flexible

Computer Literate volunteer wanted to help refugees and 3rd world peoples

We need volunteers to work in our charity shop in the centre of Worthing.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB293

Charity Shop Helper

Partnership for Growth (Link Romania)

Details valid from 18 Mar 2009 to 18 Mar 2010 - Time Flexible

We fund our projects by fundraising activity in the UK, which includes charity shops. We have 4 charity shops in Broadwater, Rustington, Littlehampton and Goring-by-Sea

is a charity based in Worthing established since 1991 whose main work is to bring humanitarian aid to the poor of Romania. The projects we are involved in, in Romania, range from soup kitchens, children's projects, working in shanty towns, building a learning skill centre, working with subsistence farmers to grow crops, and refurbishing a hospital.

We fund these projects by fundraising activity in the UK, which includes CHARITY SHOPS - we have 3 charity shops in Broadwater, Rustington and Goring-by-Sea that look for volunteers to help with the

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB232

Charity Shop Helpers

Guild Care

Details valid from 31 Mar 2009 to 31 Mar 2010 - Mon-Fri day Sat day

Location: Worthing

Healthy Living Centre for the elderly - activities on a daily basis

Ashdown Children's Club for children with special needs

Carers Liaison working with local carers - providing information, counselling, Time Out for Carers sessions etc

Guild Care's charity shops in Worthing town centre, Broadwater, Durrington and Rustington are important fundraising units for Guild Care with proceeds of the sales going to help fund the services they provide for the local community. The shops sell a variety of goods, including a wide selection of furniture, clothing and bric-a-brac.

Volunteers are required to help in the shops in a variety of ways eg selling, sorting items, displaying goods etc.

Training will be provided. Hours are flexible.

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB353

Coffee Shop/ Receptionist

St.Barnabas

Details valid from 22 Apr 2009 to 22 Apr 2010 - All Weekend

Palliative care

We are currently looking at extending the coffee shop hours to open at weekends. The role will include meeting and greeting visitors & answering the telephone as well as serving light refreshments.

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB415

Community Ambassador

Sue Ryder Care

Details valid from 28 Apr 2009 to 28 Apr 2010 - Time Flexible

At Sue Ryder Care, we care for people who are seriously ill, helping them to get the best from life. Our specialist care helps people living with Cancer, Multiple Sclerosis and Brain Injury. In the UK, approximately 11 million people are affected by these complex conditions and 1 in 3 people will be a...

We are looking for volunteers to represent and raise the profile of Sue Ryder Care in the community. Linking with new and existing supporters and businesses alike. To represent Sue Ryder Care developing links within the community to raise vital funds and raise awareness of the charity.

To identify and develop new opportunities for events and fundraising in your community.

What will I be doing?

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB294

Community Fundraiser

Partnership for Growth (Link Romania)

Details valid from 18 Mar 2009 to 18 Mar 2010 - Time Flexible

We fund our projects by fundraising activity in the UK, which includes charity shops. We have 4 charity shops in Broadwater, Rustington, Littlehampton and Goring-by-Sea

is a locally based charity working in Eastern Europe which needs a Local Community fund-raiser. Can you generate and maintain enthusiasm within support groups from local schools, churches, clubs and individuals, encourage them to participate in fundraising initiatives and generally raise the profile of the charity locally? If so give us a call, we want your help

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB151

Community Panel Members

West Sussex Youth Offending Team

Details valid from 27 Jan 2009 to 27 Jan 2010 - Time Flexible

Location: Worthing

Volunteer mentors - providing one-to-one support

Youth panel members - community panels supporting young people who have attended court (1st offence)

Appropriate Adult - supporting young people in custody suites when interviewed by the police.

West Sussex Youth Offending Team is looking to recruit Community Panel Members who will meet with young offender, their family and whenever possible, the victim of the crime. The panel will talk with and listen to these young people and then agree plan of action with the young offender. This plan will be designed to put right the harm already done to prevent further offending.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB393

Community Prevention Team Volunteer

Guild Care

Details valid from 1 Apr 2009 to 1 Apr 2010 - Time Flexible

Location: Worthing

Healthy Living Centre for the elderly - activities on a daily basis
Ashdown Children's Club for children with special needs
Carers Liaison working with local carers - providing information, counselling, Time Out for Carers sessions etc

This is a short term support service for vulnerable, older people living at home in the community. Volunteers provide practical and emotional support to people, promoting independence and introducing them to other services where appropriate.

This service is delivered 7 days a week. Visits to clients are by appointment.

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB419

Community Speaker

Sue Ryder Care

Details valid from 28 Apr 2009 to 28 Apr 2010 - Time Flexible

At Sue Ryder Care, we care for people who are seriously ill, helping them to get the best from life. Our specialist care helps people living with Cancer, Multiple Sclerosis and Brain Injury. In the UK, approximately 11 million people are affected by these complex conditions and 1 in 3 people will be a...

We are looking for volunteers from, to represent and raise the profile of Sue Ryder Care in the community. Linking with new and existing supporters and businesses alike. To represent Sue Ryder Care developing links within the community to raise vital funds and raise awareness of the charity.

To identify and develop new opportunities for events and fundraising in your community.

What will I be doing?

Approaching schools and local organisations (Rotary, WI etc) throughout your local area to offer presentations on

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB397

Computer Assistant

Leonard Cheshire Disability - Fethneys

Details valid from 30 Mar 2009 to 1 Apr 2010 - Time Flexible

Location: Worthing

Leonard Cheshire Disability - Fethneys needs a volunteer who has a good understanding of how to use a computer to assist a resident with using an adapted computer programme which helps them to check and read their e-mails. Training will be given.

Time commitment needed at least once a week for an hour day/s to be agreed.

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB305

Computer Volunteer

Oxfam

Details valid from 7 Apr 2009 to 7 Apr 2010 - Mon-Fri day Mon-Fri eve Sat all day

Computer Literate volunteer wanted to help refugees and 3rd world peoples

Computer Literate Volunteer wanted for new Oxfam initiative for refugees and 3rd world people.

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB168

Conservation Helper

West Sussex County Council

Details valid from 2 Feb 2009 to 2 Feb 2010 - Fri Day

The Low Weald Countryside team is one of the area teams which aims to conserve and protect the countryside of West Sussex by:

- day to day management of WSCC recreation sites, in particular the Downs Link Long Distance Leisure Route.

If you are interested in voluntary conservation work, but practical tasks are not for you, then there are many other opportunities available depending on the time of the year. There are opportunities to help, not just on Fridays (our normal volunteer day) but also other days of the week. Tasks range from helping with biological surveys (no prior knowledge needed, just a curious mind!) to manning our information centre housed in a renovated railway carriage or helping with guided walks.

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB166

Conservation Volunteer

Sussex Wildlife Trust

Details valid from 30 Oct 2008 to 29 Oct 2009 - Time Flexible

Practical conservation work, education projects, Hit Squad to work on various reserves around Sussex, fundraising, guided walks, talks, events etc.

The Sussex Wildlife Trust is looking for volunteers to help with a large variety of tasks, including the Hit Squad which meets at Woods Mill on various days subject to availability and travels to various reserves around Sussex. Volunteers needed to get involved in practical conservation work near to the Worthing Area all year
Transport services available from Woods Mill

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB377

Cook

Worthing Churches Homeless Projects

Details valid from 22 Apr 2009 to 22 Apr 2010 - Sun am

Activities, befriending, providing shelter, food, clothing, help to overcome drink and drug misuse, to help rebuild lives.

Help urgently needed to help cook or serve the Sunday morning breakfasts at St Clare's Day Centre; we need a team of four people to make this happen. The centre will be open from 9.00am to 10.30 each Sunday and any help you could give even if on a once every two month basis would be so greatly appreciated. We are hoping to start this service from April 2008 so that we are able to offer breakfasts every day of the week, which is so important, as this is often the only food that is available. Can you offer a little of your time to help us provide food and shelter for our clients for one hour on Sunday mornings.

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB366

Cook / Trainer

Leonard Cheshire Disability - Fethneys

Details valid from 1 Apr 2009 to 1 Apr 2010 - Time Flexible

Leonard Cheshire Disability . Fethneys in Worthing is a small transitional home for young adults with a physical disability. Do you have any spare time to share your cooking skills? Are you great at making those nutritious meals? If so, the residents would love to learn and develop their cooking skills and knowledge.

If interested please contact:

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Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB367

Cook / Trainer

Leonard Cheshire Disability - Ashwood

Details valid from 1 Apr 2009 to 1 Apr 2010 - Time Flexible

Leonard Cheshire Disability - Ashwood is a small home in Worthing for adults with learning disability. Can you spare some time to share your cooking skills? Do you make great cakes, biscuits or do you have a flare for cooking something special? If so, residents would love to learn and develop their cooking skills and knowledge.

If interested please contact:

Worthing Volunteer Centre
Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB295

Cooking Assistant

Rainer - West Sussex Supported Accommodation

Details valid from 20 Nov 2008 to 20 Nov 2009 - Tue, Wed pm Tue, Wed eve

We provide mentors for young people who have left local authority care and are moving into independent living. We also provide help and support for young people who are at risk/or already been in trouble with the police. We work alongside West Sussex Probation Service offering support and accommodatio...

Cooking Assistant required to help young people aged 18-25 to develop cooking skills and encourage healthy eating. Would you like to work with vulnerable young people aged 18-25 to develop their cooking skills to help them eat healthily and aid independence? Do you enjoy cooking and have an understanding of food hygiene requirements? Could you spare 2/3 hours per fortnight wed evenings? then Rainer is looking for you. Rainer is starting a cookery project which involves working with groups of up to 10 people at a venue in Littlehampton. There is an

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB390

Customer Service Adviser

British Heart Foundation

Details valid from 19 Sep 2008 to 19 Sep 2009 - Mon-Fri day Weekend day

Location: Worthing

We have many events running - some are national and some are organised by our volunteer groups. these are made up of sponsored walks, cycle rides, swims and various smaller events such as coffee mornings and fetes. We have a national schools event called a jump rope for heart which is a skipping progr...

Are you interested in furniture and electrical gadgets? We need someone like you to welcome and assist the costumers in our shop. This role includes pricing and presentation of goods, maintaining high street standards. We also need someone with 'helping hands' to provide assistance loading/unloading delivery vans, moving furniture to and from shop floor; building furniture and making small repairs.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB401

Craft Assistant

WSCC Coastal Enterprises

Details valid from 8 Feb 2009 to 1 Apr 2010 - Mon am Tue am Thurs am/pm Fri am/pm

Location: Worthing

Leisure, education and work opportunities both at the Centre and in the community.

We need an enthusiastic person to help our busy craft instructor. The craft assistant will support clients who have learning difficulties to complete various craft projects.
Our instructor also needs help to pot up and water plants.

If interested please contact:

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Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB417

Cultural Ambassador

Sue Ryder Care

Details valid from 28 Apr 2009 to 28 Apr 2010 - Time Flexible

At Sue Ryder Care, we care for people who are seriously ill, helping them to get the best from life. Our specialist care helps people living with Cancer, Multiple Sclerosis and Brain Injury. In the UK, approximately 11 million people are affected by these complex conditions and 1 in 3 people will be a...

We are looking for volunteers from different cultural and ethnic backgrounds to represent Sue Ryder Care in local communities. To raise the awareness of Sue Ryder Care, its purpose in local communities and how it encompasses all cultures within it. By spreading the word about the work of Sue Ryder Care we can hope to continue to raise the funds needed to ensure that we continue to support all our families in the community. You will be:

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB231

Day Centre Volunteers

Guild Care

Details valid from 31 Mar 2009 to 31 Mar 2010 - Mon-Fri day

Location: Worthing

Healthy Living Centre for the elderly - activities on a daily basis
Ashdown Children's Club for children with special needs
Carers Liaison working with local carers - providing information, counselling, Time Out for Carers sessions etc

Guild Care's "Healthy Living Centre" in Methold House, and "Lovett Retirement Club" in Maybridge Square, Goring, are seeking volunteers to help support their day care services for older people and carers.

Volunteers are needed to help with:

- befriending and co-ordinating simple activities with small groups
- the coffee bar and serving meals
- welcoming new users and helping them enjoy their time in the centre

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

DIY/ General Maintenance Volunteer

St.Barnabas

Details valid from 22 Apr 2009 to 22 Apr 2010 - Time Flexible

Palliative care

People with specific skills to assist with maintaining the building.

If interested please contact:

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Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Driver Assistant

St.Barnabas

Details valid from 20 Mar 2009 to 1 Apr 2010 - Mon-Fri day

Location: West Sussex

Palliative care

St. Barnabas House is a local independent charitable hospice that offers palliative care for patients with advanced cancer and other advanced life-limiting diseases. Chestnut Tree House is the only children's hospice in Sussex and cares for children and young adults from 0-19 years of age with progressive life-limiting and life-threatening illnesses. Both our hospices rely on charitable donations which are sorted at our Distribution Centre in Water Lane, Storrington. We need volunteers to help our drivers collect & deliver furniture. This may involve heavy lifting, this would be from 8.30am until 4.30pm Monday to Friday.

If interested please contact:

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Tel: 01903 528622
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Volunteering Opportunity

Please quote: WVB169

Drivers

Adur Cars And Companions

Details valid from 22 Apr 2009 to 22 Apr 2010 - Time Flexible

Location: Adur

Social events plus meetings at least twice a year.

Drivers residing in the Adur district are needed to use their own cars to take clients to their medical appointments, shopping, visiting friends and other social events.
Days and times to suit.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB350

Drivers

St.Barnabas

Details valid from 22 Apr 2009 to 22 Apr 2010 - Time Flexible

Palliative care

Drivers needed to use their own vehicles to transport patients to and from the day hospice for which a mileage allowance will be paid. Patients are brought in at about 10 a.m. and return home at about 3.00 p.m. Also some ad-hoc driving duties, including driving patients and visitors.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Drivers

Leonard Cheshire Disability - Ashwood

Details valid from 13 Mar 2008 to 13 Mar 2010 - Time Flexible

Leonard Cheshire Disability. Ashwood is a small home in Worthing for adults with learning disability. They have many varied interests and require assistance to get there by way of drivers/escorts.

They like going to the pub, shopping, theatre, music to name a few. Could you help with driving? Do you have any spare time? No commitment is too small: Are you physically fit? Do you have good communication skills? If this is you then we would love to hear from you

If interested please contact:

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Drivers

Leonard Cheshire Disability - Fethneys

Details valid from 1 Apr 2009 to 1 Apr 2010 - Time Flexible

Fethneys is a small home in Worthing for young adults with physical disabilities. They have many varied interests, music, college, cinema, theatres, shopping to name a few. To be able to gain the most from their interests they often require assistance from drivers. Could this be you? Do you have any spare time? No commitment is too small.

If interested please contact:

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Tel: 01903 528622

Email: worthingvb@freenet.co.uk

Volunteering Opportunity

Please quote: WVB373

Drivers

Worthing Churches Homeless Projects

Details valid from 22 Apr 2009 to 22 Apr 2010 - Time Flexible

Activities, befriending, providing shelter, food, clothing, help to overcome drink and drug misuse, to help rebuild lives.

Collect from Marks & Spencer and take donated goods to all of the Projects as previously arranged with Volunteer Co-ordinator. All produce must be used before midnight on the day of collection. Vegetables and meat can be cooked that evening and then chilled for serving the next day, so it is important to ask if the Project Worker can ensure this will be undertaken as you leave each project. We would be very grateful if you could give us your contact details so that we can advise you if the collection will be needed as we do not know what food is available for us to collect until end of the staff shopping at 6.30pm each day; so our schedules are very tight on this one. We

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB314

Drivers and Escorts

Worthing Society for the Blind

Details valid from 17 Nov 2008 to 17 Nov 2009 - Time Flexible

requires drivers and escorts for their minibus. Escorts needed to assist members on and off the bus - no driving licence necessary. Drivers must be under 75 with a clean licence. Full training will be provided. The minibus is used to bring members to various clubs/classes, ½ day trips, shopping trips and theatre trips.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB410

Education Volunteers

Sussex Wildlife Trust

Details valid from 12 Dec 2008 to 27 Apr 2010 - Time Flexible

Location: West Sussex

Practical conservation work, education projects, Hit Squad to work on various reserves around Sussex, fundraising, guided walks, talks ,events etc.

During term time from March through to October the Trust hosts school visits, mainly for primary aged children 5-11 years of age. These take place at Woods Mill in Henfield, and Seven Sisters Country Park in Seaford. School groups, which are lead by a Schools Leader, take part in activities such as pond dipping, bug hunts and guided walks and education volunteers help to set up equipment, and assist with supervising the group during activities. Education volunteers should enjoy working with children, have an interest in nature and the outdoors and lots of enthusiasm.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB370

Events / Fundraiser

Leonard Cheshire Disability - Ashwood

Details valid from 31 Mar 2009 to 1 Apr 2010 - Time Flexible

Leonard Cheshire Disability has a number of services in an around Worthing. We are looking for volunteers to assist us throughout the year with events and fundraising. We are looking for enthusiastic, committed volunteers. Events and fundraisers are great social events for all and to be enjoyed by many. Do you have the flare for inspiring ideas? Are you able to take on a project big or small? Do you have any spare time to assist with advertising, gaining publicity, organising, running events to make the events the best ever? Could you organise trips to the theatre, cinema shopping trips, events in the home like quiz nights, fish and chip supper etc? Any money raised goes straight back to the amenities fund which directly assists all residents with outings/activities that they enjoy.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB416

Events Organiser (Midnight Walks)

Sue Ryder Care

Details valid from 28 Apr 2009 to 28 Apr 2010 - Time Flexible

At Sue Ryder Care, we care for people who are seriously ill, helping them to get the best from life. Our specialist care helps people living with Cancer, Multiple Sclerosis and Brain Injury. In the UK, approximately 11 million people are affected by these complex conditions and 1 in 3 people will be a...

Sue Ryder Care holds sponsored Midnight Walk events all over the UK to raise money enabling people living with life-limiting illnesses such as cancer, stroke and Huntingdon's to receive specialist care and support.

Our walks are becoming increasingly popular.

We are now looking for an individual or groups of individuals to help organise a Midnight Walk in your local area.

Your role will be to assist in the organisation of the walk, which will involve:

" Planning the route, start and finishing points

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB411

Family Events/Holiday Clubs Volunteers

Sussex Wildlife Trust

Details valid from 27 Apr 2009 to 27 Apr 2010 - Mon-Fri day Mon-Fri eve

Location: West Sussex

Practical conservation work, education projects, Hit Squad to work on various reserves around Sussex, fundraising, guided walks, talks, events etc.

Family events may include helping with activities such as pond dipping, bug hunts, art/craft or helping out at our annual family fun day.

Holiday clubs take place weekdays during school summer holidays, providing various fun activities for children at Woods Mill, Seven Sisters and Stanmer Park, Brighton.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB185

Family Group Volunteers

HomeStart Worthing And Adur

Details valid from 11 May 2009 to 11 May 2010 - Mon am Fri am

Location: Worthing

Volunteers are trained and supported to home-visit families who are experiencing difficulties with at least one child under five years of age.

Home-Start runs two Family Groups, one in Worthing and the other in Lancing. These are for isolated families who want to meet other parents. Children under 5 years are welcome as we have a creche facility. Volunteers help with refreshments, childcare, and being friendly and caring.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB265

Fundraiser

Rainer - West Sussex Supported Accommodation

Details valid from 20 Nov 2008 to 20 Nov 2009 - Time Flexible

We provide mentors for young people who have left local authority care and are moving into independent living. We also provide help and support for young people who are at risk/or already been in trouble with the police. We work alongside West Sussex Probation Service offering support and accommodatio...

Opportunity to be involved in servicing new areas of funding for supporting underprivileged young people; to make a real difference to peoples lives. Office based, corporate contacts etc. not sweet collections.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB334

Fundraiser

Ferring County Centre

Details valid from 2 Feb 2009 to 2 Feb 2010 - Time Flexible

FERRING COUNTRY CENTRE provides work and training experience for adults with learning difficulties. Our Clients, develop work and social skills by assisting us with operating a Riding Therapy School. If you are interested in joining our fundraising group please contact us.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB361

Fundraiser

St.Barnabas

Details valid from 22 Apr 2009 to 22 Apr 2010 - Time Flexible

Palliative care

Can you help with external fundraising events throughout our area. Various activities.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB374

Fundraiser

Worthing Churches Homeless Projects

Details valid from 22 Apr 2009 to 22 Apr 2010 - Time Flexible

Activities, befriending, providing shelter, food, clothing, help to overcome drink and drug misuse, to help rebuild lives.

If you would like to help our fund-raising team to boost our funds and increase public awareness, we'd love to hear from you. Whether your skills lie in organising or publicising events, having good ideas or rustling up items to sell, you'll be very welcome to join us.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB348

Fundraising Events Volunteer

Guild Care

Details valid from 31 Mar 2009 to 31 Mar 2010 - Time Flexible

Healthy Living Centre for the elderly - activities on a daily basis
Ashdown Children's Club for children with special needs
Carers Liaison working with local carers - providing information, counselling, Time Out for Carers sessions etc

Special Events (Promotions & Fundraising) - based at Methold House
Volunteers work with our fundraising and PR teams to plan, organise and run events in the community such as Carnivals, Festivals, Coffee Mornings, Summer & Christmas Fayre's, Charity Market etc. There may also be an opportunity for volunteers to assist with raising the profile of Guild Care's work in the community by giving talks to youth and community groups.
This role won't require a regular commitment and will be very ad-hoc. Training and support will be provided.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB356

Gardener

St.Barnabas

Details valid from 22 Apr 2009 to 22 Apr 2010 - Tue am

Palliative care

You are invited to join our dedicated gardening volunteers, working in our beautiful and well established grounds - HOUSE invites you join our dedicated gardening volunteers, working in our beautiful and well established grounds - Tuesday 9am - 12 noon.

If interested please contact:

Worthing Volunteer Centre
Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB408

Gardener

Worthing Family Action

Details valid from 20 Jan 2009 to 27 Apr 2010 - Mon-Fri day

Location: Worthing

Family Action is committed to providing anti-discriminatory services to disadvantaged and socially excluded families.

Are you interested in plants and gardening? We would like someone to spend about 2 hours per week to maintain and develop our garden. Jobs will include: weeding, tidying, cutting down, and planting. No grass mowing is required. It would be good if you have some knowledge of gardening, and there is scope for flair and creativity.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB222

Gardner / trainee

Roots Community Garden

Details valid from 3 Feb 2009 to 3 Feb 2010 - Sun all day

offer facility for growing food hope to become a family oriented space where kids have a safe space and hopefully a lively venue for workshops, talks, coffee mornings

Community garden - ideal opportunity for those with no experience to learn the skills of organic gardening and to share skills . Hope this will also be a lively venue for workshops etc

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB268

Girl Guide Helper

Heene District Girl Guiding

Details valid from 3 Feb 2009 to 3 Feb 2010 - Tue pm Wed pm Fri pm Tue, Wed, Fri eve

Heene District is part of Girl Guiding UK. We aim to enable girls and young women to have fun and grow through multi-cultural, drama, games, and cooking, outdoor activities to name but a few.

Volunteer advocate needed to give support to people with learning difficulties. If you have 3-Feb hours a week available to meet up with someone who has difficulties saying what they want to the people that need to hear, you could make a big difference to someone's life. You will have a belief that people with learning difficulties have equal rights and be willing to speak up about what they want.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB287

Good Neighbour

Age Concern West Sussex

Details valid from 7 Apr 2009 to 7 Apr 2010 - Time Flexible

Information and Advice Service - County wide
Advocacy Service (mental health)
Neighbourhood Care Volunteers Scheme (Midhurst)
Neighbourhood Socialisation Project (Bersted Green)

West Sussex, Littlehampton and Bognor Regis Good Neighbours Scheme would like friendly volunteers to assist older people who are recently home from hospital with shopping or by visiting older people who are lonely and isolated on planned outings, help with correspondence and most importantly listen to the needs of the client.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB420

Hairdresser Assistant

Guild Care

Details valid from 29 Apr 2009 to 29 Apr 2010 - Wed Day

Location: Worthing

Healthy Living Centre for the elderly - activities on a daily basis
Ashdown Children's Club for children with special needs
Carers Liaison working with local carers - providing information, counselling, Time Out for Carers sessions etc

We have an opportunity for someone to work with our hairdresser and beauty therapists on a Wednesday in the Therapy Room at Methold House. This would be from approx 9.30am until approx 3.30pm.
The volunteer in this role would be a general assistant in the therapy room.

- " welcoming customers and offering / serving them with drinks
- " helping to prepare the room for customers (getting towels ready etc)

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB407

Handy Person

Worthing Family Action

Details valid from 20 Jan 2009 to 27 Apr 2010 - Mon-Fri day

Location: Worthing

Family Action is committed to providing anti-discriminatory services to disadvantaged and socially excluded families.

A practical person is required to help us maintain our family centre in good condition for the families that use our building. Duties could include: small maintenance jobs, putting up shelves, hooks, mending cupboard doors, maintaining outside equipment e.g. benches. We do not envisage that this will be a regular weekly commitment, but a periodical commitment, probably 2-3 hours per month.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB267

Handyman/woman

Rainer - West Sussex Supported Accommodation

Details valid from 20 Nov 2008 to 20 Nov 2009 - Mon-Fri day

Location: Worthing

We provide mentors for young people who have left local authority care and are moving into independent living. We also provide help and support for young people who are at risk/or already been in trouble with the police. We work alongside West Sussex Probation Service offering support and accommodatio...

Opportunity to be involved in supporting underprivileged young people; to make a real difference to peoples lives. To assist young people in their own flats to develop basic maintance skills

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB143

Home Visiting Volunteers

HomeStart Worthing And Adur

Details valid from 11 May 2009 to 11 May 2010 - Time Flexible

Location: Worthing

Volunteers are trained and supported to home-visit families who are experiencing difficulties with at least one child under five years of age.

We are looking for volunteers who have parenting experience to visit families in their own homes, giving practical and emotional support in times of difficulty or crisis. Each visit lasts 2 - 3 hours per week and the average length of support is 6 - 9 months. All volunteers complete a Preparation Course before being matched up with a family.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB242

Home Visitor

4SIGHT

Details valid from 30 Mar 2009 to 30 Mar 2010 - Time Flexible

Location: Worthing

clubs, befriending, fundraising,

4SIGHT (West Sussex Association for the Blind) is seeking volunteers aged 18+ to become Home Visitors to visit blind and partially sighted people in their own homes. Time commitment - 1 hour per week. Travel expenses paid.

If interested please contact:

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Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB335

Horticulturist

Ferring County Centre

Details valid from 2 Feb 2009 to 2 Feb 2010 - Time Flexible

FERRING COUNTRY CENTRE provides training for people with special needs.

If interested please contact:

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Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
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Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB122

Housebound Volunteers

Worthing Library

Details valid from 12 Nov 2008 to 12 Nov 2009 - Time Flexible

Location: Worthing

Lending books and other materials.

Would you be interested in choosing and delivering books for housebound people in the Worthing area? If you are able to become a volunteer, then ring us for a chat.

If interested please contact:

Worthing Volunteer Centre
Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB414

In Memory Ambassador

Sue Ryder Care

Details valid from 28 Apr 2009 to 28 Apr 2010 - Time Flexible

At Sue Ryder Care, we care for people who are seriously ill, helping them to get the best from life. Our specialist care helps people living with Cancer, Multiple Sclerosis and Brain Injury. In the UK, approximately 11 million people are affected by these complex conditions and 1 in 3 people will be a...

We are looking for someone to represent Sue Ryder Care in the community as an In Memoriam Ambassador (donations in memory of loved ones.) To maximise funds raised for Sue Ryder Care through In Memoriam donations.

To develop the Lights of Love appeal in your area.

What will I be doing?

" Acting as Sue Ryder Care's local representative responsible for encouraging and thanking In Memoriam

If interested please contact:

Worthing Volunteer Centre

Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH

Tel: 01903 528622

Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB181

Independent Visitor

The Children's Society

Details valid from 28 Jan 2009 to 28 Jan 2010 - Time Flexible

Location: Worthing

West Sussex Par project runs a befriending/mentoring scheme to advise and assist young people.

Independent Visitors (aged 21+) befriend, advise and assist a young person with whom they are matched in order to promote their welfare. This will involve spending time with the young person perhaps through social, leisure or sports activities. The frequency of visits is agreed between the volunteer and the young person.

If interested please contact:

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Tel: 01903 528622

Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB204

Leaders

Heene District Girl Guiding

Details valid from 3 Feb 2009 to 3 Feb 2010 - Tue pm Wed pm Fri pm Tue, Wed, Fri eve

Location: Worthing

Heene District is part of Girl Guiding UK. We aim to enable girls and young women to have fun and grow through multi-cultural, drama, games, and cooking, outdoor activities to name but a few.

There can't be many things more rewarding than watching children grow in confidence to become fulfilled young people with a positive awareness of their surroundings and fellow humans. However, in Girlguiding Heene District we're not selfish about that and we'd be delighted to help you to share in the rewards we see week by week.

We're looking for adult female helpers for Rainbows (aged 5 - 7) and Brownies (aged 7 - 10) on Tuesdays from 5.30 pm, Wednesdays from 5.45 pm and Fridays from 4.30 pm. You can come along and see what goes on - visit

If interested please contact:

Worthing Volunteer Centre
Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB388

Learner Support

Asphaleia

Details valid from 10 Nov 2008 to 10 Nov 2009 - Time Flexible

Location: Worthing

Asphaleia training delivers a range of training programmes to adults and young people, which provide qualifications and support to find work or further training opportunities.

We run a number of projects:

- E2E project - works with 16 - 19 year olds. Providing literacy, numeracy, IT classes as well...

Do you enjoy working with young people and adults? Can you volunteer to support our learners in their training programmes? Asphaleia training delivers a range of training programmes to adults and young people, which provide qualifications and support to find work or further training opportunities.

Volunteers will provide learning support in-class, accompanying activities, engaging with young people and adults at break and lunch times.

If interested please contact:

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Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB423

Local Charity Events Organiser

BEN-The Automotive Industry Charity

Details valid from 5 May 2009 to 5 May 2010 - Mon-Fri day Weekend day

BEN currently helps and supports over 15 000 people, who are linked to the automotive and related industries either directly or as a dependent, in their homes across the UK through a network of welfare officers and voluntary visitors (BENfriends). BEN has four nursing and residential centres across t...

A local events organiser is needed to raise awareness of BEN and fundraising amongst local automotive businesses. Applicants must be mature and experienced in events and sales management. The duties will include: Organise, promote, sell and run local events. Ideas include challenge events, such as walks, ten-pin bowling, sports etc.

Generate awareness of BEN amongst local community, and in particular, local automotive businesses,.
Generate fundraising from the ticket sales, sponsorship and other on-the-day fundraising.

If interested please contact:

Worthing Volunteer Centre
Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB424

Love Nature Volunteer

Royal Society for the Protection of Birds (RSPB)

Details valid from 5 May 2009 to 5 May 2010 - Time Flexible

Location: East Sussex

Do you love nature? Look outside, nature is there waiting for you. It is always there, but it is going through tough times. We need you to pair us up with hundreds of nature lovers willing to spend two or more hours of their time to raise for the RSPB.

We are launching a brand new project Across South East England called Love Nature Week. It will take place 30th May-7th June and we are looking for volunteers to simply carry out a street collection as part of a team, collecting money in exchange for our lovely shiny pin badges. Whenever volunteers live, there is bound to be a collection taking place near them, and anyone can get involved! They will be provided with equipment and supported by friendly staff that will make them feel welcome and part of a team.

If interested please contact:

Worthing Volunteer Centre
Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
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Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB376

Luncheon Helper

Worthing Churches Homeless Projects

Details valid from 22 Apr 2009 to 22 Apr 2010 - Time Flexible

Activities, befriending, providing shelter, food, clothing, help to overcome drink and drug misuse, to help rebuild lives.

E - If you're free between noon and 2pm on a weekday our clients would love you to come and prepare a light lunch for them. This could be once a month, fortnightly, weekly or more frequently.

F - Would you like to help cook dinner for our clients on Saturday or Sunday afternoon/evening? You'd need to be free from about 5.30/6pm until about 8pm. Weekly would be ideal, but fortnightly or monthly would help. Reply now to ensure your choice of day!

G - We are always looking for people to help us cook breakfast at St Clare's Day Centre. 8.30am - 11:30am

If interested please contact:

Worthing Volunteer Centre

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Tel: 01903 528622

Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB418

Media Volunteer

Sue Ryder Care

Details valid from 28 Apr 2009 to 28 Apr 2010 - Time Flexible

At Sue Ryder Care, we care for people who are seriously ill, helping them to get the best from life. Our specialist care helps people living with Cancer, Multiple Sclerosis and Brain Injury. In the UK, approximately 11 million people are affected by these complex conditions and 1 in 3 people will be a...

To gain excellent press coverage for the activities of Sue Ryder Care in your local area in order to publicise our events and encourage more people to support the charity.

What will I be doing?

- " Working with local fundraising staff to develop relationships with all types of media in your community
- " Writing and distributing press releases about upcoming Sue Ryder Care fundraising events
- " Thinking up ideas for PR stories and events

If interested please contact:

Worthing Volunteer Centre

Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH

Tel: 01903 528622

Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB387

Membership Assistant (front office)

West Sussex Credit Union

Details valid from 17 Sep 2008 to 17 Oct 2009 - Mon-Fri day Mon-Fri eve

Location: Worthing

Do you need help for rainy days? Credit Unions are financial co-operatives that either re-invest their profits back into the business, or share them on an equitable basis with their members. Benefits to our members include safe savings and affordable loans. We can also put you in touch with debt advis...

To assist with the smooth running of the credit union by meeting, welcoming members and prospective members as they attend the office or make contact by telephone or email. The role involves: taking financial deposits, recording them, issue receipts and prepare monies for banking; supplying accurate information to members; collating, distributing and processing membership and Loan Application packs. Also the person will be asked to maintain computer and paper based records, to complete end of day reconciliations (e.g. banking), and to provide basic information and advice in relation to members money concerns.

If interested please contact:

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Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB363

MiniBus Driver

Chestnut Tree House

Details valid from 4 Feb 2009 to 4 Feb 2010 - Time Flexible

Varied hours and days. To drive our full size 18 seater minibus or our fully adapted small bus.

If interested please contact:

Worthing Volunteer Centre
Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB395

Office Support Volunteer

Guild Care

Details valid from 31 Mar 2009 to 31 Mar 2010 - Mon-Fri day Mon-Fri eve

Location: Worthing

Healthy Living Centre for the elderly - activities on a daily basis

Ashdown Children's Club for children with special needs

Carers Liaison working with local carers - providing information, counselling, Time Out for Carers sessions etc

Volunteers assist our office staff with admin tasks such as data input, filing, producing newsletters and helping with mail-outs.

We can sometimes offer regular sessions for this kind of role, but we are more likely to offer a less frequent opportunity, according to the needs of each service.

If interested please contact:

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Tel: 01903 528622

Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB319

Organiser

Worthing Citizens Advice Bureau

Details valid from 9 Feb 2009 to 9 Feb 2010 - Tue pm Tue eve

Providing free, confidential advice and information on a wide range of topics, including benefits, housing, employment, debt, family and consumer issues. Open at 11 North Street Monday-Friday 10am-4pm (Tuesdays and Fridays early closing at 1pm) with outreach at Maybridge and Worthing Hospital. Special...

Literary? Talented? Good Organiser? Willing to use your skills for a Good Cause? Then come and join us here at the Bureau. We need the following people to join us now to help with

- " Bureau Social Events
- " Exhibition Events
- " Organise Speakers

If interested please contact:

Worthing Volunteer Centre

Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH

Tel: 01903 528622

Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB360

Painter and Decorator

St.Barnabas

Details valid from 22 Apr 2009 to 22 Apr 2010 - Time Flexible

Palliative care

Are you an experienced decorator? We need your skills to freshen-up the Hospice.

If interested please contact:

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Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB425

Portage Home Visitor

Worthing Portage Service

Details valid from 8 Jun 2009 to 8 Jun 2010 - Mon-Fri day Mon-Fri eve

Location: Durrington

Home Visitors visit a family usually once a week for about an hour. They take toys and resources for the child and the family to use to develop the child's skills.

Worthing Portage needs a volunteer to provide a weekly home visiting service to families of pre-school children with additional support needs. Volunteers would help parents to identify and negotiate goals to develop their child's emerging skills and to celebrate their child success.

If interested please contact:

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Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB130

Practical Conservation Volunteer

Worthing Conservation Volunteers

Details valid from 5 May 2009 to 5 May 2010 - Sun day

Location: Worthing

To undertake practical conservation tasks in Worthing and the surrounding area.

Worthing Conservation Volunteers invite individuals and groups to join them with practical conservation tasks eg woodland and downland management in the Worthing and surrounding area.

If interested please contact:

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Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB111

Reception Work

Worthing Citizens Advice Bureau

Details valid from 9 Feb 2009 to 9 Feb 2010 - Mon-Fri day Tue eve

Location: Worthing

Providing free, confidential advice and information on a wide range of topics, including benefits, housing, employment, debt, family and consumer issues. Open at 11 North Street Monday-Friday 10am-4pm (Tuesdays and Fridays early closing at 1pm) with outreach at Maybridge and Worthing Hospital. Special...

Worthing CAB requires additional assistance for their reception desk for one or two half days a week. Duties will include meeting/greeting clients, advising clients of likely waiting times, answering the telephone and using the filing system. Opportunity to move onto other work in the Bureau.

If interested please contact:

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Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB372

Receptionist

The As You Are Centre

Details valid from 27 Apr 2009 to 27 Apr 2010 - Tue eve Sat am

Counselling
Groupwork
Outreach
Training

We would like to add a receptionist to our team. Working closely with our team of counsellors and psychotherapists, you will be an integral part of this community organisation providing affordable counselling to a varied client group

If interested please contact:

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Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB396

Reparation Volunteer

West Sussex Youth Offending Team

Details valid from 31 Mar 2009 to 31 Mar 2010 - Time Flexible

Location: West Sussex

Volunteer mentors - providing one-to-one support
Youth panel members - community panels supporting young people who have attended court (1st offence)
Appropriate Adult - supporting young people in custody suites when interviewed by the police.

Do you want to do something about youth crime? People like you could be a volunteer with Youth Offending Service. It is an opportunity to do something positive about youth crime in your community. We need a volunteer to go out in the community with a young offender on reparation (community service).

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB152

Request Collectors/Presenters

Seaside Hospital Radio

Details valid from 17 Mar 2009 to 17 Mar 2010 - Mon-Fri pm Mon-Fri eve All Weekend

Location: Worthing

To produce and present radio programmes to Worthing and Southlands Hospitals, visit patients to collect requests, do various fund raising activities throughout the year.

Seaside Hospital Radio needs volunteers to visit wards in either Worthing or Southlands Hospital, collect music requests from patients, and then pass to the radio presenter. There could also be an opportunity to train to become a presenter as well.

If interested please contact:

**Worthing Volunteer Centre
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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB195

Samaritans Volunteer

Samaritans

Details valid from 23 Feb 2009 to 23 Feb 2010 - Time Flexible

Location: Worthing

The branch maintains a commitment for callers to be able to contact Samaritans by telephone, letter and email 24 hours a day. callers can also visit the branch for face to face visits during the daytime.

Samaritans need volunteers to help at our centre in Lennox Road. If you can spare 3 - 4 hours a week , any day to suit you please contact us. We offer full training and ongoing support to enable you to become part of the team fulfilling this worthwhile role.

If interested please contact:

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Email: worthingvb@freenet.co.uk**

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB307

Social Group Volunteer

Sussex Autistic Society

Details valid from 24 Mar 2009 to 24 Mar 2010 - Time Flexible

**Two family centres, one at Rustington and one in Eastbourne run on alternate Saturdays
respite/outreach services for children and adults
a youth service (funded by the lottery) starting in Worthing in September
an adult social facilitation group starting soon**

We are also looking for volunteers for the new Youth Group meeting on Saturdays at the Sydney Walter Centre (9:30 to 3pm) for asperger/high functioning young people with autism and a new adult social group also in Worthing on Tuesdays mornings.

The Family Centre is held at The Laurels, Sheepfold Avenue, Rustington (just south of Angmering Station) on the first and third Saturday of each month.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB413

Student Charity Coordinator

Sue Ryder Care

Details valid from 28 Apr 2009 to 28 Apr 2010 - Time Flexible

At Sue Ryder Care, we care for people who are seriously ill, helping them to get the best from life. Our specialist care helps people living with Cancer, Multiple Sclerosis and Brain Injury. In the UK, approximately 11 million people are affected by these complex conditions and 1 in 3 people will be a...

We need a volunteer to support the local fundraising staff in raising maximum awareness and funds for Sue Ryder Care within the student community. Your role will include a range of the following activities:

- Distribute Sue Ryder Care campaign leaflets and posters in your university/college
- Assist local Sue Ryder Care staff to organise events within the university/college or local community
- Promoting Sue Ryder Care events and fundraising campaigns within the university/college
- Assist in recruiting and co-ordinating volunteers within the university/college

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB403

Supervisory Committee Member

West Sussex Credit Union

Details valid from 1 Apr 2009 to 1 Apr 2010 - Mon-Fri day Mon-Fri eve

Location: Worthing

Do you need help for rainy days? Credit Unions are financial co-operatives that either re-invest their profits back into the business, or share them on an equitable basis with their members. Benefits to our members include safe savings and affordable loans. We can also put you in touch with debt advis...

West Sussex Credit Union is a saving and loans co-operative providing easy to access savings account and affordable flexible loans. We need a volunteer to take part in the supervisory committee once per month. The committee is responsible for overseeing the running of the credit union and making sure that it operates within the law regulation, rules and policies and in the interest of the members. A committee member will be responsible to audit the credit union system and procedures on a regular basis; ensure internal controls are in place and implemented. The person should have a working knowledge of the relevant sections of the law that effect the

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB394

Telephone Support Volunteer

Guild Care

Details valid from 31 Mar 2009 to 31 Mar 2010 - Mon-Fri day

Location: Worthing

Healthy Living Centre for the elderly - activities on a daily basis
Ashdown Children's Club for children with special needs
Carers Liaison working with local carers - providing information, counselling, Time Out for Carers sessions etc

Phone Support offers a listening ear to carers in their own home. We are looking for volunteers who are good at listening and able to support people in a non-directive manner. We provide our volunteers with training and support, and quarterly meetings; and we pay travel expenses. If you would like to find out more about supporting carers in the community then please contact either Gill or Ian at the address above for a chat.

If interested please contact:

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Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB406

Toy Maintenance Person

Worthing Family Action

Details valid from 20 Jan 2009 to 27 Apr 2010 - Mon-Fri day

Location: Worthing

Family Action is committed to providing anti-discriminatory services to disadvantaged and socially excluded families.

We would like a volunteer to tidy, sort and maintain our toys in tip top condition for the children who visit our family centre. Duties will include sorting and tidying, cleaning and mending toys, books, play equipment and dressing up clothes. Therefore, we would like someone who has practical skills. We would like someone for at least 2 hours per week.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB402

Treasurer

West Sussex Credit Union

Details valid from 1 Apr 2009 to 1 Apr 2010 - Mon-Fri day Mon-Fri eve

Location: Worthing

Do you need help for rainy days? Credit Unions are financial co-operatives that either re-invest their profits back into the business, or share them on an equitable basis with their members. Benefits to our members include safe savings and affordable loans. We can also put you in touch with debt advis...

West Sussex Credit Union is a saving and loans co-operative providing easy to access savings account and affordable flexible loans. We need a treasurer for one day per month. The treasurer will oversee credit union finance and ensure a satisfactory system of control of the books, cash and receipts and remittances is maintained. Also the person will ensure that credit union staff correctly manages cash, prepare accounts and reports on the credit union's performance for the directors' board. They should ensure that financial information is transparent and understood by the Board.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB110

Voluntary Advisers

Worthing Citizens Advice Bureau

Details valid from 9 Feb 2009 to 9 Feb 2010 - Mon-Fri day

Location: Worthing

Providing free, confidential advice and information on a wide range of topics, including benefits, housing, employment, debt, family and consumer issues. Open at 11 North Street Monday-Friday 10am-4pm (Tuesdays and Fridays early closing at 1pm) with outreach at Maybridge and Worthing Hospital. Special...

Worthing CAB is looking for voluntary Advisers to offer free and confidential advice to the public on a wide range of topics. These include housing, benefits, employment, family matters, immigration, law and debt. You will not need any special qualifications, just a reasonable standard of education and sound common sense. We will supply full training with a nationally recognised certificate on completion, as well as travel expenses. You must be able to commit a minimum of 8 hours per week (excluding holidays etc). The work is challenging and stimulating. We aim for a professional standard of work, but you will find that there is no shortage of support. Above all, you will find the

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB126

Volunteer Advocate

Impact Advocacy Service

Details valid from 23 Feb 2009 to 23 Feb 2010 - Mon-Fri day

Location: West Sussex

Crisis (short-term issue-based advocacy).
Support for self-advocacy groups. Volunteer and paid advocates.

Volunteer advocate needed to give support to people with learning difficulties. If you have 3-4 hours a week available to meet up with someone who has difficulties saying what they want to the people that need to hear, you could make a big difference to someone's life. You will have a belief that people with learning difficulties have equal rights and be willing to speak up about what they want.

If interested please contact:

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB389

Volunteer Befriender

Options Community Alcohol Team

Details valid from 17 Nov 2008 to 17 Nov 2009 - Time Flexible

Location: Worthing

Options Community Alcohol Team - a part of West Sussex Health and Social Care Trust) Seeks Volunteer Befrienders aged 25 and over to visit women and men undergoing managed alcohol withdrawal (previously known as "de-tox") in Littlehampton Community Hospital. They seek real people to chat, to go for walks or plat cards with our clients who are adults usually-but not entirely- in their 40s and 50s.

If interested please contact:

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Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB386

Volunteer Befrienders

4SIGHT

Details valid from 30 Mar 2009 to 30 Mar 2010 - Time Flexible

clubs, befriending, fundraising,

Befrienders needed in All areas - for a couple of hours every month
social visit, tea and chat, sharing a game of scrabble/chess
Assistance with forms/correspondence/reading/
Finding list items in the house

If interested please contact:

Worthing Volunteer Centre
Council for Voluntary Service, Colonnade House, Warwick Street, Worthing, West Sussex, BN11 3DH
Tel: 01903 528622
Email: worthingvb@freenet.co.uk

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteer Befrienders

SPURGEONS-Space Young Carers

Details valid from 2 Feb 2009 to 27 Apr 2010 - Time Flexible

Location: Arun

Become a volunteer befriender - make a real difference to a young carer's life. Space Young Carers Befriending Projects are seeking to recruit volunteer as befrienders for young carers aged between 8 and 21 in West Sussex. We are seeking to recruit volunteers from all walks of life. You will need to be able to visit the young carer regularly at least once a month and to commit to at least a year.

If interested please contact:

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Tel: 01903 528622
Email: worthingvb@freenet.co.uk**

Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteer Collector

The Royal Blind Society

Details valid from 28 Feb 2009 to 31 Jan 2010 - Time Flexible

Location: Arun

The Royal Blind Society is perhaps best known in West Sussex for its Bradbury Hotel in East Preston. The Bradbury is a specialised hotel providing safe and enjoyable breaks for over 800 visually impaired people each year. Our specially trained and caring staff ensure that guests receiving a caring and...

This year, the Royal Blind Society is arranging charitable collection days at supermarkets and other venues locally, to help us raise much-needed funds that will ensure the future of such vital services as the Bradbury Hotel.

We therefore need a team of volunteer collectors.

We know that everyone has so many calls on their time these days and therefore we are not asking for a long term commitment.

However, if you can spare one or two hours at one or more of our collection days, we would love to hear from you.

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB167

Volunteer Countryside Rangers

West Sussex County Council

Details valid from 7 Apr 2009 to 7 Apr 2010 - Fri Day

The Low Weald Countryside team is one of the area teams which aims to conserve and protect the countryside of West Sussex by:

- day to day management of WSCC recreation sites, in particular the Downs Link Long Distance Leisure Route.

Based at West Grinstead, the Rangers are looking for enthusiastic and committed individuals who are free on Fridays to help them with practical countryside management tasks in their area. A wide range of tasks is carried out, including habitat management/ maintenance of the Downs link long leisure route, and providing practical help for local community projects. No experience is necessary, just an interest in protecting and conserving the countryside.

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB391

Volunteer Custodian at Marlipins

The Shoreham Society

Details valid from 25 Mar 2009 to 25 Mar 2010 - Tue-Fri day Sat day

Location: Shoreham

- liaison with ADC, WSCC and SEERA on planning and development
- running Marlipins Museum with and for the Sussex Archaeological Society
- holding social and educational events

Marlipins Museum is a property of the Sussex Archaeological Society, but operated by local volunteers under the supervision of a professional member of staff (attending on a part time basis). The museum has local and maritime exhibitions.

The custodian (one or two or more on duty) welcomes visitors, mans the desk and shop and answers queries. Custodians normally work 10:30-13:30 or 13:30-16:30, one session a week although there is no reason why a volunteer could not do two sessions.

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB345

Volunteer Driver and Escort

Guild Care

Details valid from 16 Feb 2009 to 16 Feb 2010 - Time Flexible

Healthy Living Centre for the elderly - activities on a daily basis
Ashdown Children's Club for children with special needs
Carers Liaison working with local carers - providing information, counselling, Time Out for Carers sessions etc

Community Transport this vital service provides accessible transport 7 days a week. To maintain the level of service required our small staff team needs to be supported by a large number of committed volunteer minibus drivers and escorts. This happy team has a lot of fun providing daily transport to our centres and a wide variety of outings, both locally and further a field.

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB290

Volunteer Helper

Wey and Arun Canal

Details valid from 31 Mar 2009 to 31 Mar 2010 - Time Flexible

is looking for volunteers to fill the following roles:

A - manning the canal barge

B - Fundraising

C - Publicity

D - Restoration of the canal - Pallingham to Bramley, near Guildford (25 miles). This role involves manual work such as cleaning grass, brick work ect

If you are interested in any of the above, please contact us.

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB375

Volunteer Helper

Worthing Churches Homeless Projects

Details valid from 22 Apr 2009 to 22 Apr 2010 - Time Flexible

Activities, befriending, providing shelter, food, clothing, help to overcome drink and drug misuse, to help rebuild lives.

A - Are you one of those rare people who actually like cleaning? This is ideal for those who'd like to help but prefer a "background" role. If you have spare time during the mornings as well, you'd be ideal for us, although other times maybe negotiable.

B - Do you work full-time but still want to help out? We always need people who can give time at weekends and Bank Holidays in various roles.

C - Are you a natural teacher? Do you have life skills such as cooking, menu-planning, budgeting or literacy that

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB357

Volunteer Housekeeping Assistant

St. Barnabas

Details valid from 22 Apr 2009 to 22 Apr 2010 - Tue am Wed am Fri am

Palliative care

To assist with ironing, collecting washing from the wards, putting clean washing away, tidying lockers etc.
Tuesday, Wednesday, Friday mornings.

If interested please contact:

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB109

Volunteer Mentor

West Sussex Youth Offending Team

Details valid from 27 Jan 2009 to 27 Jan 2010 - Time Flexible

Location: Worthing

Volunteer mentors - providing one-to-one support

Youth panel members - community panels supporting young people who have attended court (1st offence)

Appropriate Adult - supporting young people in custody suites when interviewed by the police.

West Sussex YOT is looking for volunteer mentors to support young people (aged 10 - 17) in the community, to improve their life skills and increase their employment and education prospects. An excellent reimbursement of all costs provided.

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB252

Volunteer Mentors

Rethink

Details valid from 23 Feb 2009 to 23 Feb 2010 - Time Flexible

Location: Worthing

To support young people leaving care. An opportunity for care leavers to be offered a trained volunteer mentor to establish a supportive relationship, to aid their transition from "being in care" to living independently.

Rethink - Mentoring for Care Leavers - is currently seeking volunteer mentors to support young people leaving care. We are asking for a commitment of minimum 2 hours per week. We offer comprehensive training, ongoing support and supervision. Be a part of Rethink - one of the largest mental health charities.

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB405

Volunteer Receptionist

Worthing Family Action

Details valid from 21 Jan 2009 to 27 Apr 2010 - Mon-Fri day

Location: Worthing

Family Action is committed to providing anti-discriminatory services to disadvantaged and socially excluded families.

A bright cheerful person is required for answering the telephone and welcoming and directing families and other visitor to our family centre. There will be some clerical work e.g, typing, filing etc. We need help when we are really busy, at least 2 hours per week.

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB220

Volunteer receptionist/admin assistant

Age Concern West Sussex

Details valid from 7 Apr 2009 to 7 Apr 2010 - Mon-Fri day

Location: Arun

Information and Advice Service - County wide
Advocacy Service (mental health)
Neighbourhood Care Volunteers Scheme (Midhurst)
Neighbourhood Socialisation Project (Bersted Green)

Volunteers would be required to provide reception services for Age Concern; to maintain mailing lists and other databases for the Director and other team members in the County Office; to provide typing and administrative support to the Director and other team members. Hours to be arranged (office open Monday - Friday 9am - 5pm), and training and on-going support will be provided. Travel expenses paid.

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB236

Volunteer Support Worker - Time Out

Guild Care

Details valid from 26 Apr 2006 to 31 Mar 2010 - Mon, Thurs Day

Location: Worthing

Healthy Living Centre for the elderly - activities on a daily basis

Ashdown Children's Club for children with special needs

Carers Liaison working with local carers - providing information, counselling, Time Out for Carers sessions etc

Volunteers are needed to work under the guidance of the Co-ordinator to provide a respite service for carers who are caring for someone at home with dementia. Sessions are on a Thursday between the hours of 9.30am - 3.30pm (volunteer hours as required within this period). Duties include making tea and coffee, laying and clearing of tables for lunch and serving meals, set up equipment for activities, and encouraging service users to make the most of the facilities available at the Healthy Living Centre.

Volunteers need to have patience to work with this particular client group and be prepared to undertake any

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Information Provided By Worthing Volunteer Centre

Volunteering Opportunity

Please quote: WVB322

Ward Volunteer

Worthing And Southlands Hospitals NHS Trust

Details valid from 25 Mar 2009 to 25 Mar 2010 - Time Flexible

NHS care.

WORTHING & SOUTHLANDS HOSPITALS NHS TRUST needs volunteers to help on the wards and in medical and surgical departments one morning or afternoon a week, complementing and augmenting the work being done by the professional staff. Volunteers would spend time with patients and help to make their stay in hospital as comfortable and pleasant as possible.

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Printed on 23 June 2009

Information Provided By Worthing Volunteer Centre

Warehouse Operative

St.Barnabas

Details valid from 20 Mar 2009 to 1 Apr 2010 - Mon am Wed am Fri am

Location: West Sussex

Palliative care

St. Barnabas House is a local independent charitable hospice that offers palliative care for patients with advanced cancer and other advanced life-limiting diseases. Chestnut Tree House is the only children's hospice in Sussex and cares for children and young adults from 0-19 years of age with progressive life-limiting and life-threatening illnesses. Both our hospices rely on charitable donations which are sorted at our Distribution Centre in Water Lane, Storrington. We are looking for volunteers to work at our Retail Distribution Centre on either Monday's Wednesdays or Friday mornings. The times are fairly flexible either from 9am until 12:00 or even just a couple of

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